WHAT IS CLAIMED IS:

- 1. A device for sucking a body, comprising:
 - a vacuum generator for providing a negative pressure;
 - a reservoir for providing a filling medium stored therein;
 - a shield for covering an area of said body;
 - a first tube communicating said shield with said vacuum generator; and
 - a second tube communicating said shield with said reservoir.
- 2. The device according to claim 1, wherein said shield further comprises at least one opening for communicating said first and second tube.
- 3. The device according to claim 1, wherein said first tube and said second tube are combined as a combination tube to be connected to said at least one opening.
- 4. The device according to claim 1, wherein said first tube and said second tube are communicated with said shield through a connector.
- 5. The device according to claim 1, wherein said vacuum generator is selected from a group consisting of a manual air pump, an electrical air pump, and a vacuum pump.
- 6. The device according to claim 1, wherein said device has multiple vacuum generators.
- 7. The device according to claim 1, wherein said reservoir has a valve for controlling a communication of said second tube.
- 8. The device according to claim 1, wherein said first tube connects to a controller for controlling timings of a setup, a generation, and a release of said negative pressure.
- 9. The device according to claim 1, wherein said filling medium is one of a gas and a liquid.

- 10. The device according to claim 1, wherein said filling medium is provided from one of a can and a supplying tube.
- 11. The device according to claim 1, wherein said shield is selected from various standards.
- 12. The device according to claim 2, wherein a number of said opening is one of one and two.
- 13. The device according to claim 1, wherein said shield further comprises a vibrating mechanism.
- 14. A method for sucking a body through a sucking device, wherein said sucking device comprises a vacuum generator, a reservoir, a shield having at least one opening, a first tube and a second tube, said first tube communicates said shield with said vacuum generator and said second tube communicates said shield with said reservoir, said method comprising steps of:
 - (a) covering said shield on an area of said body:
 - (b) generating a negative pressure in said shield by said vacuum generator so as to gradually bulge said hody area; and
 - (c) filling a filling medium into said shield from said reservoir for decreasing said negative pressure so as to restore said body area.
- 15. The method according to claim 14, wherein said wherein said first tube and said second tube are communicating with said at least one opening.
- 16. The method according to claim 14, wherein said vacuum generator is selected from a group consisting of a manual air pump, an electrical air pump, and a vacuum pump.
- 17. The method according to claim 14, wherein said first tube further connects to a controller for controlling timings of a setup, a generation, and a release of said negative pressure.

- 18. The method according to claim 14, wherein said filling medium is one of a gas, and a liquid.
- 19. The method according to claim 14, wherein a number of said opening is one of one and two.
- 20. The method according to claim 14, wherein further comprising a step of vibrating said shield by a vibrating mechanism connected thereon.